

**MEN 18+**  
**SPECIAL RULES OF THE DIVISION**

1. **HS RULES**: High school rules apply unless specified to the contrary by the following rules.
2. **BALL**: Girls divisions will be played with a 285-size ball and boys divisions will use a regular size ball.
3. **TIME**: see Running Clock Rules.  
10-minute quarters  
Clock stops in the last 10 seconds of first and third quarters  
Clock stops in the last 2 minutes of second and fourth quarters
4. **OVERTIME**: A game can not end in a tie. Overtime periods, if necessary, will consist of a three-minute overtime period.
5. **FOUL SHOTS**: In all divisions, foul shots will be from the foul line.
6. **DEFENSE**: Man to man and zone defenses is permitted.
7. **BACKCOURT GUARDING**: Guarding in the backcourt is permitted at any time during the game.
8. **3-POINT SHOTS**: Three point field goals are permitted.
9. **PLAYER PARTICIPATION**: Every player must play at least 2 complete quarters (any 2 quarters) from start of the quarter to end of quarter.